

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

						1 10:45 Bingo – DR 2 1:30 Companion Time 2:30-3:30 Quiet Time 3:30 Music Entertainment by Paul Ramp – DR 1,2 5:00 Local News	2 11:30 Piano Music by Pete 2:30-3:30 Quiet Time 4:30 Picture This with Laura 5:00 TV Classics <small>Groundhog Day</small>
3 10:00 Family Worship - TH 10:30 Stretches and Treats 11:30 Dining Room CD Music 2:30-3:30 Quiet Time 5:00 Local News (NBC)	4 9:45 Catholic Mass/Rosary – CH 10:00 Stretchin' Out 10:15 In the News 10:30 Active Games - Pet Therapy Visits with Joy 1:00 Fun with Helen 3:00 Bible Study with Helen 4:00 Wheel of Fortune Wii Game 5:00 Local News	5 10:00 Music and Motion 10:15 In the News 10:30 Fingernail Polishing 1:30 Companion Time 2:30-3:30 Quiet Time 3:00 Bingo – DR 4 5:00 Local News <small>Chinese New Year</small>	6 10:00 Exercises with Scarves 10:15 In the News 10:30 Bible Study with Chaplain Darin 1:00 Fun with Helen! 2:30-3:30 Quiet Time 3:00 Lutheran Church Service – DR 1,2 4:00 Karaoke Sing-Along 5:00 Local News	7 10:00 Sit and be Fit Exercises 10:15 In the News 10:30 Active Games 10:45 Thursday Trivia 2:30-3:30 Quiet Time 3:00 Music Entertainment by Tom Roth – DR 1,2 5:00 Local News	8 Morning: Visits with Dozer (Pet Therapy) 10:45 Bingo – DR 2 12:30 Fast Food Friday - TH <small>*See Kelly with Activities</small> 2:30-3:30 Quiet Time 3:30 Valentine Craft 5:00 Local News	9 11:30 Piano Music by Pete 2:30-3:30 Quiet Time 4:15 Active Games with Kelly 5:00 TV Classics	
10 10:00 Family Worship - TH 10:30 Stretches and Treats 11:30 Dining Room CD Music 2:30-3:30 Quiet Time 5:00 Local News (NBC)	11 9:45 Catholic Mass/Rosary – CH 10:00 Stretchin' Out 10:15 In the News 10:30 Active Games - Pet Therapy Visits with Joy 1:00 Fun with Helen 3:00 Bible Study with Helen 4:00 Make a Word Game 5:00 Local News	12 10:00 Music and Motion 10:15 In the News 10:30 Fingernail Polishing 1:30 Companion Time 2:30-3:30 Quiet Time 3:00 Bingo – DR 4 5:00 Local News	13 10:00 Exercises with Scarves 10:15 In the News 10:30 Bible Study with Chaplain Darin 1:00 Fun with Helen! 2:30-3:30 Quiet Time 3:00 Lutheran Church Service – DR 1,2 4:00 Karaoke Sing-Along 5:00 Local News	14 10:30 Valentine's Day Party 2:30-3:30 Quiet Time 3:00 Music Entertainment by Anne Bremer – DR 1,2 4:15 Love Trivia 5:00 Local News <small>Valentine's Day</small>	15 10:45 Bingo – DR 2 1:30 Companion Time 2:30-3:30 Quiet Time 4:00 Warm Cinnamon Rolls 5:00 Local News	16 10:00 Catholic Mass - Ch 11:30 Piano Music by Pete 2:00 Veteran's Support Group – DR 4 2:30-3:30 Quiet Time 4:00 Balloon Tap with Payton 5:00 TV Classics	
17 10:00 Family Worship - TH 10:30 Stretches and Treats 11:30 Dining Room CD Music 2:30-3:30 Quiet Time 5:00 Local News (NBC)	18 - Morning: Pet Therapy Visits With Joy 1:00 Fun with Helen 3:00 Bible Study with Helen 4:00 Active Games 5:00 Local News <small>Presidents' Day (US)</small>	19 10:00 Music and Motion 10:15 In the News 10:30 Fingernail Polishing 1:30 Companion Time 2:30-3:30 Quiet Time 3:00 Bingo – DR 4 5:00 Local News	20 10:00 Exercises with Scarves 10:15 In the News 10:30 Bible Study with Chaplain Darin 1:00 Fun with Helen! 2:30-3:30 Quiet Time 3:00 Lutheran Church Service – DR 1,2 4:00 Karaoke Sing-Along 5:00 Local News	21 10:45 Music Entertainment by Mike McCracken – DR 1,2 2:30-3:30 Quiet Time 4:00 Bowling 5:00 Local News	22 Morning: Visits with Dozer (Pet Therapy) 10:45 Bingo – DR 2 2:30-3:30 Quiet Time 4:00 Warm Cinnamon Rolls 5:00 Local News	23 11:30 Piano Music by Pete 2:30-3:30 Quiet Time 4:00 Karaoke with Terri 5:00 TV Classics	
24 10:00 Family Worship - TH 10:30 Stretches and Treats 11:30 Dining Room CD Music 2:30-3:30 Quiet Time 5:00 Local News (NBC)	25 9:45 Catholic Mass/Rosary – CH 10:00 Stretchin' Out 10:15 In the News 10:30 Active Games - Pet Therapy Visits with Joy 1:00 Fun with Helen 3:00 Bible Study with Helen 3:30 Music Entertainment by Jim King!	26 10:00 Music and Motion 10:15 In the News 10:30 Fingernail Polishing 1:30 Companion Time 2:30-3:30 Quiet Time 3:00 Bingo – DR 4 5:00 Local News	27 10:00 Exercises with Scarves 10:15 In the News 10:30 Bible Study with Chaplain Darin 1:00 Fun with Helen! 2:30-3:30 Quiet Time 3:00 Lutheran Church Service – DR 1,2 4:00 Karaoke Sing-Along 5:00 Local News	28 10:00 Sit and Be Fit Exercises 10:15 In the News 10:30 Active Games 10:45 Thursday Trivia 2:30-3:30 Quiet Time 4:00 Caption This! 5:00 Local News	Lancaster Rehabilitation Center Life Enrichment Calendar Station 5		

*Quiet Time (2:30-3:30) gives residents a chance to rest/relax in a calm, quiet environment after morning activities and lunch!